

## VARIATION OF SOME ENZYMES ACTIVITIES ALAT, ASAT, LDH - IN HYPERBARIC CONDITIONS

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**Abstract:** This paper presents the variation of the ALAT, ASAT and LDH enzymes activities in the serum of ten divers, registered before and after 51 metres depth dive. It was notified a growth over the upper normal value of the ALAT at three of the divers and of the ASAT at two of the divers after the dive.

Concerning the LDH level, it varied within the normal limits at nine divers, except for one whom there were registered higher values.

**Keywords:** hiperbaric conditions, hepatic citolisis, membranara permeability, HELIOX respiratory compound

### INTRODUCTION

The ALAT and ASAT transaminases are found both in mitochondria and in the soluble phase of the cytoplasm. They catalyze the following chemical reaction:

Alamina + cetaglutamic acid = piruvic acid + glutamic acid

Asparic acid + cetaglutamic acid = oxalic acetic + glutamic acid

The normal values both for ASAT and ALAT enzymes are lower than 37 u/l.

The ALAT value rises significantly in severe viral or toxic hepatic diseases, indicating the hepatic cytolysis, and it grows moderately in chronic hepatitis and .... The ASAT value presents significant growths in myocardial stroke, severe viral hepatitis, muscular dystrophy and in pectoral angina. LDH catalyzes the interconversion reaction of the pyruvate and lactate in the presence of the pyridoxic coenzymes: lactic acid + NAD = piruvic acid + NADH + H

The normal values are within 225-450 U/L at 37°C. Higher levels of the LDH are encountered in chronic hepatitis and pancreatitis, myocardial stroke as well as in the state of shock and muscular hypoxia.

The intense physical effort causes an important blood stream growth capable to stimulate the enzymes within the damaged musculature in the circulatory torrent.

### MATERIALS AND METHODS

The ten divers serums were analysed by means of biochemical semiautomatic analyser-STAT FAX, from the DIAMEDIX medical firm. For ALAT determination it was used a kinetic method without phosphate pyridoxal. Reagent nr.1 is represented by L-alanine and reagent nr.2 consists of 2-oxoglutarate.

Both reagent nr.1 and nr.2 must be brought at the working temperature before the testing begins. The working temperature was 37°C and the wavelength used was of 340nm. In ASAT determination it was used a U.V. test that has the following reaction basis:

L-aspartate + 2-oxoglutarate - glutamate + oxaloacetate + NADH + H - L-malate + NAD

Reagent nr.1 was L-aspartate and reagent nr.2 was 2-oxoglutarate. For LDH determination it was used a U.V. method which has the following reaction basis:

Piruvate + NADH + H = lactate + NAD

Reagent nr.1 consists of TRIS and reagent nr.2 is represented by NADH sublayer.

The values ALAT before diving

P <sub>1</sub>	P <sub>2</sub>	P <sub>3</sub>	P <sub>4</sub>	P <sub>5</sub>	P <sub>6</sub>	P <sub>7</sub>	P <sub>8</sub>	P <sub>9</sub>	P <sub>10</sub>
15	29	17	13	10	30	16	33	18	14
P <sub>11</sub>	P <sub>12</sub>	P <sub>13</sub>	P <sub>14</sub>	P <sub>15</sub>	P <sub>16</sub>	P <sub>17</sub>	P <sub>18</sub>	P <sub>19</sub>	P <sub>20</sub>
24	16	20	18	19	14	25	15	28	25

The values ALAT after diving

P <sub>1</sub>	P <sub>2</sub>	P <sub>3</sub>	P <sub>4</sub>	P <sub>5</sub>	P <sub>6</sub>	P <sub>7</sub>	P <sub>8</sub>	P <sub>9</sub>	P <sub>10</sub>
19	38	23	18	16	39	24	42	26	32
P <sub>11</sub>	P <sub>12</sub>	P <sub>13</sub>	P <sub>14</sub>	P <sub>15</sub>	P <sub>16</sub>	P <sub>17</sub>	P <sub>18</sub>	P <sub>19</sub>	P <sub>20</sub>
29	23	27	24	25	20	31	21	34	33

The values ASAT before diving

P <sub>1</sub>	P <sub>2</sub>	P <sub>3</sub>	P <sub>4</sub>	P <sub>5</sub>	P <sub>6</sub>	P <sub>7</sub>	P <sub>8</sub>	P <sub>9</sub>	P <sub>10</sub>
12	26	13	11	9	27	14	29	16	11
P <sub>11</sub>	P <sub>12</sub>	P <sub>13</sub>	P <sub>14</sub>	P <sub>15</sub>	P <sub>16</sub>	P <sub>17</sub>	P <sub>18</sub>	P <sub>19</sub>	P <sub>20</sub>
22	14	17	15	18	12	22	13	24	22

The values ASAT after diving

P <sub>1</sub>	P <sub>2</sub>	P <sub>3</sub>	P <sub>4</sub>	P <sub>5</sub>	P <sub>6</sub>	P <sub>7</sub>	P <sub>8</sub>	P <sub>9</sub>	P <sub>10</sub>
17	38	18	16	15	38	19	40	21	17
P <sub>11</sub>	P <sub>12</sub>	P <sub>13</sub>	P <sub>14</sub>	P <sub>15</sub>	P <sub>16</sub>	P <sub>17</sub>	P <sub>18</sub>	P <sub>19</sub>	P <sub>20</sub>
27	21	25	23	29	21	30	19	35	31

The values LDH before diving

P <sub>1</sub>	P <sub>2</sub>	P <sub>3</sub>	P <sub>4</sub>	P <sub>5</sub>	P <sub>6</sub>	P <sub>7</sub>	P <sub>8</sub>	P <sub>9</sub>	P <sub>10</sub>
230	238	246	267	325	334	305	341	253	362
P <sub>11</sub>	P <sub>12</sub>	P <sub>13</sub>	P <sub>14</sub>	P <sub>15</sub>	P <sub>16</sub>	P <sub>17</sub>	P <sub>18</sub>	P <sub>19</sub>	P <sub>20</sub>
226	294	312	281	326	372	287	329	346	257

The values LDH after diving

P <sub>1</sub>	P <sub>2</sub>	P <sub>3</sub>	P <sub>4</sub>	P <sub>5</sub>	P <sub>6</sub>	P <sub>7</sub>	P <sub>8</sub>	P <sub>9</sub>	P <sub>10</sub>
270	285	291	302	357	470	346	483	294	390
P <sub>11</sub>	P <sub>12</sub>	P <sub>13</sub>	P <sub>14</sub>	P <sub>15</sub>	P <sub>16</sub>	P <sub>17</sub>	P <sub>18</sub>	P <sub>19</sub>	P <sub>20</sub>
283	305	353	316	345	393	326	379	381	284

### RESULTS AND COMMENTS

The ALAT dosage indicated normal values at the ten divers when entering the hyperbar chamber, and a significant growth at three of the divers after the submerge. ASAT registered increased values at ten of the divers after the 51 metres alive. This illustrates the fact that the hypoxia determined an enzymatic serum activity growth and it caused the cytolysis phenomenon at the liver level.

The proteic hepatic synthesis was slightly affected during the undertaken activities. It was also noticed that LDH values were

increased at only one diver, due to the striated muscular hypoxia and to the intense physical effort.

### CONCLUSIONS

The ALAT and ASAT dosage can be used through kinetic tests, for tracing the moderate injuries of the intensity at divers. Maintaining these enzymes within the normal limits during an activity in the hyperbar environment may suggest an effective protective technology for the divers organism.

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